

FRENCH NATIONAL REFERENCE TRAINING CENTRE OF PHLEBOLOGY (NRTCP)

Workshop "Sclerotherapy and phlebectomy" of the
French Society of Phlebology/ SFP in Switzerland
As part of the "Competency Degrees in Phlebology
Procedures" accredited by the UEMS

Location: Hohmad Clinic, Hohmadstr.1, CH-3600 Thun

Wednesday 22nd. April (morning) - Thursday 23. April
2020 (noon)

This share is accredited by the French NRTCP by 5 points

Registration: Tuesday 21 April 2020 from 17.00 - 18.00

Day 1: Wednesday, April 22nd, 2020

- 08.30 Registration and hand-out of documents
- 09.20 Welcome and information *Carlo Schlatter/ Dominik Heim, Thun*
- 09.30 Pre-therapeutic ED assessment of varicose veins, with a strategic focus
F. Forgues (Toulouse-France)
- 09.50 Echoguiding: what to do, what not to do; tips and tricks.
Mr. Josnin (La Roche sur Yon-France)
- 10.10 Principles, indications and technique of phlebectomy.

Hohmad Clinic, Hohmadstr.1, CH-3600 Thun

SFP 29, rue d'Anjou F 75008 PARIS

TEL: +33 (0)1 45 33 02 71 - FAX: +33 (0)1 58 45 45 15 77

e-mail: courrier@sf-phlebologie.org

Mr. Fresa (Lausanne-Switzerland)

10.30 Inflammations and pigmentations after sclerotherapy or heat treatment: explanations; how to avoid them.

C. Hamel-Desnos (Caen-France)

10.50 : Questions & answers

11.00 Coffee break

11:30- 13:00 (duration 1 hour and a half) **Hands-on I**

Separation into 4 groups of participants (18 participants)

General principles of the workshops:

- **3 groups of visual and ultrasound-guided sclerotherapy; 4-5 participants/group** (experts C Hamel-Desnos, M Josnin, F Forgues, JL Gérard, N Ducrey, L Moraglia)

For each group: demo of the expert with a reminder of the rules of good practice and safety rules (15 minutes); then visual sclerotherapy and ultrasound guided by the participants, supervised by 2 experts for each group.

- **1 phlebectomy group** (experts M Fresa, P Combes); 4 participants.

Demo phlebectomy by expert with a reminder of the rules of good practice and safety rules (15 minutes), then phlebectomies by the participants, supervised by one or two experts.

Human" and logistical needs for this session:

Sclerotherapy:

- 6 or 9 patients minimum (2 or 3 patients per group or more if possible)
- 3 tables minimum (1 per group or 2 per group if possible)
- 3 ultrasound scanners minimum (1 per group or 2 if possible)

Phlebectomy:

- 2 or 4 patients (1 or 2 patients per table)
- 2 tables

In total for the session at least: 8 to 13 patients, 5 tables and 3 ultrasound scanners

Distribution of tutors :

- o **Group 1 Sclerotherapy for patients**
Tutors (2): C. Hamel-Desnos; L Moraglia
- o **Group 2 Sclerotherapy for patients**
Tutors (2): F. Forgues, M Josnin
- o **Group 3 Sclerotherapy for patients**
Tutors (2): N. Ducrey, JL. Gérard

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- **Group 4 Phlebectomy to patients**

Tutors (2): **P. Combes, M. Fresa**

13.00-14.00 lunch break

Hands-on II 14.00-16.30 (one hour per station)

14.00-14.30 Sclero-foam demonstration: **Claudine Hamel-Desnos, Caen/ F**

14:30-16:30 Patient treatments by participants

(Minimum "human" needs: 4 patients per hour per sclerotherapy group and 2 patients per hour for phlebectomy, for a total of 28 patients for the session + 1 or 2 patients for demo CHD, for a total of 30 patients)

Distribution of tutors :

- **Group 1 Sclerotherapy for patients**
Tutors (2): **C. Hamel-Desnos, L. Moraglia**
- **Group 2 Sclerotherapy for patients**
Tutors (2): **F. Forgues, M. Josnin**
- **Group 3 Sclerotherapy for patients**
Tutors (2): **N. Ducrey, JL. Gérard**
- **Group 4 Phlebectomy to patients**
Tutors (2): **P. Combes, M. Fresa**

16.30 – 18.00

- **industrial station:**
 - ghost echo therapy training and foam manufacturing; Kreussler station
 - wraps: Sigvaris demonstration
 - CLaCS demo: **J. de Carvalho, Porto/PT**
 - Radio frequency Medtronic Fast live demonstration: **N. Ducrey**

18.00 end of day 1

19.30 Dinner for everyone: Beau Rivage Restaurant, Thun

Day 2: Thursday 23rd. April 2020

08.30-08.45 Management of varicose vein treatment and thrombosis prevention in high-risk thrombotic patients. **C Hamel-Desnos**

08.45-09.00 CLaCS Method: **J. de Carvalho/ Porto, PT**

09.00-09.15 Management of tributaries after thermal ablation. **JL. Gérard**

09.15-09.30 : Precautions and rhythm of follow-up after sclerotherapy or thermal procedures; place of compression. **Moraglia L.**

09.30-10.00 Coffee break

10.00-11.00 **hands-on III**

("Human" and logistical needs for the session: 8 to 13 patients, 5 tables and 3 ultrasound scanners)

- **Group 1 Sclerotherapy for patients**
Tutors (2): **C. Hamel-Desnos, L Moraglia**
- **Group 2 Sclerotherapy for patients**
Tutors (2): **F. Forgues, M Josnin**
- **Group 3 Sclerotherapy for patients**
Tutors (2): **N. Ducrey, JL. Gérard**
- **Group 4 Phlebectomy to patients**
Tutors (2): **P. Combes, M. Fresa**

11:00-11:30 Course evaluation and certificates

Faculty-chefs

- **Dominik Heim, Thun/CH**
- **Claudine Hamel-Desnos, MD, vascular physician, president of the French Society of Phlebology, Caen/ F**

Faculty of France :

- **Matthieu Josnin, La Roche sur Yon/ F (sclerotherapy)**
- **Fannie Forgues, Toulouse/ F (phlebectomy, sclerotherapy)**
- **Pierre Combes, Biarritz/ F (phlebectomy, sclerotherapy)**
- **Jean-Luc Gérard, Paris/ F (phlebectomy, sclerotherapy)**
- **Luc Moraglia Bordeaux/ F (sclerotherapy)**

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+ JJ Guex, Nice/ F : observer for the journal "Phlébologie Annales Vasculaires"

Faculty of Switzerland:

- Nicolas Ducrey, Sion/ CH
- Marco Fresa, Lausanne/ CH

Faculty of Portugal :

- Joana de Carvalho, Porto/ PT

In red: faculty confirmed

dh/ chd 15.12.2019